

# Frederick County Government TV (Cable Ch. 19) Special Programs

Also Webcast on: www.FrederickCountyMD.gov/video

# Frederick Board of County Commissioners' Meetings

Thursdays at 10 a.m. Details: 301-600-1100 or CountyCommissioners@FrederickCountyMD.gov

## **Focus on Health**

Hosted by Dr. Barbara Brookmyer, Frederick County Health Officer

Watch as FCG TV teams up with the <u>Frederick County Health</u> <u>Department</u> to bring you a show each month with valuable health tips, techniques and information. Learn all about health related programs, activities, and services in Frederick County.

#### **Airtimes**

Daily at 6:45 am Friday, Saturday and Sunday at 5:30 pm Saturday at 11:00 am Sunday at 11:30 am



# **Pet Pals**

Hosted by Didi Culp, Human Educator, Frederick County Animal Control

Pet Pals is a weekly 30-minute program that highlights 10 animals available for adoption with the <u>Frederick County Animal Control and Adoption Center</u>



#### **Airtimes**

Daily at 6:00 am and 6:00 pm

# Pet of the Week

Each week FCG TV brings you a different animal from the Frederick County Animal Control Shelter that needs a good home. The award winning Pet of the Week can be found immediately following This Week in Frederick County as well as throughout the weekend programming. For information on adopting a pet, visit the Animal Control Division at <a href="https://www.FrederickCountyMD.gov/animalcontrol">www.FrederickCountyMD.gov/animalcontrol</a> or call (301) 600-1546.



# This Week in Frederick County

Hosted by President Blaine Young, Board of County Commissioners

This informative 10-15 minute interview show features current topics in Frederick County Government.

#### **Airtimes**

Daily at 6:30 am Monday - Thursday at 5:30 pm Wednesday and Thursday at 8:00 am Friday, Saturday, and Sunday at 4:30 pm



# Parks & Rec TV

Hosted by: Desiré MacInnes

Parks & Rec TV takes a special in depth look at different aspects and offerings of Frederick County's Division of Parks and Recreation.

#### **Airtimes**

Daily at 7:30 am Monday - Thursday at 5:45 pm Fridays, Saturdays, and Sundays at 5:00 pm Saturdays at 10:30 am Sundays at 11:00 am



# Parks & Recreation's Cooking Show

Join <u>Frederick County Parks and Recreation</u> cooking instructors as they reveal tips and techniques for creating delicious meals and food specialties.

### **Airtimes**

Friday, Saturday, and Sunday at 5:15 pm Saturday at 10:45 am Sunday at 11:15 am



# **Bookends**

Bookends is a monthly interview show that highlights programs, events, and activities that you can enjoy at <u>Frederick County Public Libraries</u>.

#### **Airtimes**

Daily at 7:15 am Friday, Saturday, and Monday at 6:30 pm Saturday at 10:00 am Sunday at 10:30 am

